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The Language Of Letting Go



Synopsis

Melody Beattie, the best-selling author of *The Language of Letting Go*, brings you 50 cards to help remind you that each day you can ask for and accept the healing energy of God and the Universe. This beautifully illustrated deck will inspire you to live in the here-and-now; and by doing so, you can allow life to happen instead of trying to force outcomes. When you relinquish regrets over the past and fears about the future, you can truly make the most of every day.

Book Information

Cards: 50 pages

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Average Customer Review: 4.7 out of 5 stars 64 customer reviews

Best Sellers Rank: #26,346 in Books (See Top 100 in Books) #25 in [Books > Health, Fitness & Dieting > Mental Health > Codependency](#) #44 in [Books > Religion & Spirituality > New Age & Spirituality > Mysticism](#) #91 in [Books > Religion & Spirituality > New Age & Spirituality > Divination](#)

Customer Reviews

Melody Beattie - the best-selling author of *The Language of Letting Go*, has written 12 books. Born in St. Paul, Minnesota, she now lives in Southern California. Her hobbies include skydiving, yoga, travel, and hiking.

This boxed set of cards from Melody Beattie adds a little spontaneity to the daily practice of affirmations. A book can be somewhat uninspiring, but these cards are beautifully illustrated on quality glossy stock. The front of each card provides the affirmation topic, and the back of the card headlined with "today I will..." details the affirmation itself. Topics range from 'solving problems', to 'receiving joyfully', and everything in-between. Unlike the book, these don't come with a day or date, allowing the user to let go, and be guided to an affirmation that will hopefully resonate with them at that moment. I am enjoying these affirmation cards tremendously!

Beautiful wording in the Letting Go deck.

I will buy these cards as gifts going forward. They are not your typical cliché pick-me-up quotes/mantras. I have found many of the cards profoundly helpful and poignant. The art work on the cards is gorgeous. I'm very happy with my purchase.

looking forward to sharing these with the women in recovery that my horses and I are working with

Beautiful cards that I carry with me daily

Awesome

I enjoy the daily affirmations from these cards. I recommend them to others who want a daily message of affirmation.

I bought these for myself. My daughter picked them up and began reading them to me. She paused and said - This is really true! Lovely cards, accessibly written and very inspiring.

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